



**PHILIPPINE COLLEGE OF ENDOCRINOLOGY, DIABETES AND METABOLISM**  
**ANNUAL CONVENTION MARCH 25-27, 2026**  
**EXCELEndo 2026**  
**EDSA SHANGRI-LA HOTEL**

	<b>March 25 Wednesday Day 1</b>		
8:30-9:00AM	Opening Ceremonies		
	Session Chair: Carolyn R. Narvacan-Montano, MD		
9:00-10:30AM	<b>Augusto D. Litonjua Distinguished Lecture</b> "Prevention of T2DM: Can it be Achieved?" 'A Triad of Diabetes, Cardiovascular Disease, and MASLD: The Pivotal Role of Glitazones and GLP-1RAs" Professor Ralph A. DeFronzo, MD		
10:30-11:15AM	Plenary Session "Primum Non Nocere 4.0: Are Adult Guidelines Harming Young-Onset T2DM?" Professor Augusto D. Litonjua, MD		
11:15-12:00NN	Opening of Exhibits / Snacks		
	<b>Isla 3</b>	<b>Isla 2</b>	<b>Isla 1</b>
12:00-1:00PM	Lunch symposium: Astra Zeneca	Lunch symposium: UNILAB	Lunch symposium: Boehringer Ingelheim
1:00-1:40PM	PRIDE	JAFES HOUR	PRIDE
1:45-2:45PM	Clinical symposium	Clinical symposium	Clinical Symposium
	Session Chair: Jubilia Araceli B. de Guzman, MD	Session Chair: Anthony Harvey I. Aguilar, MD	Session Chair: Rosario R. Bongco, MD
	Dealing with the Diabetic Kidney and Bladder	Tailored Treatment in Diabetes Subpopulations	Taming the Diabetic Belly
	Multi-targeted therapy for Diabetic Kidney Disease Vimar A. Luz, MD	LADA Unveiled: Essential Diagnostic Tools and Treatment Protocols Joy Arabelle C. Fontanilla, MD	Nutritional and Pharmacologic Roadmap for Diabetic GI Dysfunction Rommel P. Romano, MD
	The Diabetic Bladder: Tailoring Treatment for the Male and Female Patient Marie Carmela M. Lapitan, MD	Beyond Insulin: Risks and Rewards of Anti-Diabetes Agents in Reproductive Years and Pregnancy Laura Trajano-Acampado, MD	Delayed Gastric Emptying and the Anesthesia Risk of GLP-1RAs Gabriel V. Jasul Jr, MD
2:50 – 3:30PM	Snack symposium: JustRight	Snack symposium: Cathay YSS	Snack symposium: Viatris
3:30-4:00PM	Exhibit booth visits / Snacks		
	Plenary Sessions Session Chair: Aretha Ann Gacutan-Liwag, MD		
4:00 – 4:30PM	Pharmacogenetics for Personalized Diabetes Management in Filipinos Elizabeth Paz-Pacheco, MD		
4:30 – 5:15PM	Philippine Clinical Practice Guideline for Diabetes Mellitus Part 2 Cecilia A. Jimeno, MD		
5:15 – 6:15PM	Dinner symposium: GX International	Dinner symposium: InnoGen	
6:30-8:00PM	PCEDM Chapter Assemblies		



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	<b>March 26 Thursday Day 2</b>		
9:00-10:00AM	<b>DEBATE: Battle of the Incretin Titans: "GLP-1RA/GIP Co-Agonists Should be the Preferred First-Line Injectable Therapy over GLP-1RA Monotherapy for Obese Patients with Type 2 Diabetes."</b>		
	Session Chair: Cynthia H. Manabat, MD; Pro: Bien J. Matawaran, MD; Con: Nemencio A. Nicodemus Jr, MD		
	Plenary Session Chair: Maria Jocelyn C. Isidro, MD		
10:00-10:45AM	<b>Primary Aldosteronism: Clinical Guideline Updates</b> Professor Michael Stowasser, MBBS, FRACP, PhD		
10:45-11:15AM	<b>Exhibit booth visits / Snacks</b>		
	<b>Isla 3</b>	<b>Isla 2</b>	<b>Isla 1</b>
11:15-12:00NN	<b>PRIDE</b>	<b>PRIDE</b>	<b>PRIDE</b>
12:00-1:00PM	<b>Lunch symposium: Corbridge</b>	<b>Lunch symposium: Novo Nordisk</b>	<b>Lunch symposium: Abbott Nutrition</b>
	<b>Meet-The-Expert</b>	<b>Meet-The-Expert</b>	<b>Meet-The-Expert</b>
	Session Chair: Perie Adorable-Wagan, MD	Session Chair: Jovie Joy R. Manuel-Aguilar, MD	Session Chair: Lizette Kristine F. Lopez, MD
1:00-1:45PM	<b>Hidden Hazard: Navigating Endogenous Hypercortisolism with Occult Etiology</b> Harold Henrison C. Chiu, MD	<b>Pills and Progression: Glycemic Management Across Renal Replacement Therapies</b> Pete E. dela Pena, MD	<b>When to Treat, When to Wait: Expert Pearls on Managing Gynecomastia</b> Suzette Q. Alegarbes, MD
1:50-2:35PM	<b>Risk and Resolution: Strategies for Glucocorticoid Tapering and GC-induced Adrenal Insufficiency Prevention</b> Imelda L. Bilocura, MD	<b>Failing the First-Line: Fixing Fractures when Bisphosphonates Backfire</b> Mark Henry Y. Joven, MD	<b>Hirsutism Huddle: Mastering the Differential Diagnosis and Personalizing Antiandrogen Therapy</b> Maria Luisa Patricia B. Gatbonton, MD
2:40-3:20PM	<b>Snack symposium: GSK</b>	<b>Snack symposium: UNILAB</b>	<b>Snack symposium: Iberica</b>
3:25-4:00PM	<b>Exhibit booth visits / Snacks</b>		
4:00 – 5:00PM	<b>Panel discussion: Vaccines for Diabetes (GSK CME grant)</b>		
5:00 – 6:00PM	<b>Dinner symposium: Servier</b>	<b>Dinner symposium: UNILAB</b>	
6:00-7:00PM	<b>Business Meeting</b>		
7:30-9:00PM	<b>Institution Night</b>		



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	<b>March 27 Friday Day 3</b>		
9:00-10:00AM	<b>DEBATE: To RAI or Not for Young Low-risk Papillary Thyroid Cancer</b>		
	Session Chair: Marjorie A. Ramos, MD; Pro: Aimee Andag-Silva, MD; Con: Jeremyjones F. Robles, MD		
	Plenary Session Chair: Sue Ann Lim, MD		
10:00-10:45AM	<b>The Cortisol Conundrum: A Clinician's Guide to Steroid Use in Septic Shock</b> Ramon L. Anel, MD		
10:45-11:30AM	<b>PCOS: The Many Faces of the Disease</b> Professor Bulent O. Yildiz, MD		
11:30AM-12NN	<b>Exhibit booth visits / Snacks</b>		
	<b>Isla 3</b>	<b>Isla 2</b>	<b>Isla 1</b>
12:00-1:00PM	<b>Lunch symposium: Zuellig Pharma</b>	<b>Lunch symposium: Abbott Diabetes Care</b>	<b>Lunch symposium: Nestle Nutrition</b>
1:00-2:00PM	<b>Clinical symposium</b>	<b>Clinical symposium</b>	<b>Clinical symposium</b>
	Session Chair: April Melody T. Abcede-Cadavez, MD	Session Chair: Florence Rochelle C. Gan, MD	Session Chair: Angelique Bea Uy-Jumauan, MD
	<b>Therapeutic Choices for the Young Patients with PCOS</b>	<b>Double the Risk, Double the Care</b>	<b>Tailoring Thyroid Cancer Care</b>
	<b>The Endocrinologist's View</b> Mia C. Fojas, MD	<b>Pheochromocytoma, Hyperaldoosteronism, and Adrenal Insufficiency in Pregnancy</b>	<b>New Horizons in Medullary and Anaplastic Thyroid Cancer Management</b> Michael L. Villa, MD
	<b>The Adolescent Gynecologist's View</b> Maria Therese B. Mallen, MD	Leilani Mercado-Asis, MD, Catherine Carelle Roux-Ong, MD, Marcellus Francis L. Ramirez, MD, Larry S. King, MD	<b>De-escalating NIFTP, Escalating Oncocytic Carcinoma</b> Erick S. Mendoza, MD
	<b>Meet-The-Expert</b>	<b>Meet-The-Expert</b>	<b>Meet-The-Expert</b>
	Session Chair: Andrea Marie Macabuag-Oliva, MD	Session Chair: Felicse Gomez, MD	Session Chair: Analyza Galia, MD
2:00-2:45PM	<b>Silent Storm: Asymptomatic and high-surgical risk primary hyperparathyroidism</b> Jocelyn Jayme-Wohldorf, MD	<b>Prolactinoma Perplexities: Navigating Pregnancy and Drug Resistance</b> Maria Patricia Puno-Ramos, MD	<b>Pheo Playbook: Perioperative Management of Pheochromocytoma</b> Jose Paolo P. Panuda, MD
2:50-3:35PM	<b>Calcium Conundrums: Hypocalcemic Hypoparathyroidism</b> Mark Anthony S. Sandoval, MD	<b>Navigating the Nuances: Pearls on Managing Thyroid Dysfunction in Pregnancy</b> Cecille R. dela Paz, MD	<b>Rapid Diagnosis and Rescue: Perioperative Management of AVP Deficiency</b> Celito A. Tamban, MD
3:45-4:30PM	<b>Panel discussion: The Legal and Ethical Rx for Artificial Intelligence in Endocrinology</b> Iris Thiele C. Isip-Tan, MD, Patrick Gerard L. Moral, MD, Antonio Alejandro D. Rebosa, MD Session Chair: Nestor Eric R. Laplano, MD		
4:30-5:00PM	<b>Closing ceremonies / Induction of 2026-27 National Board and Chapter Officers</b>		
7:00-10:00PM	<b>Fellowship Night</b>		