



PHILIPPINE COLLEGE OF ENDOCRINOLOGY, DIABETES AND METABOLISM
ANNUAL CONVENTION MARCH 25-27, 2026
EXCELEndo 2026
EDSA SHANGRI-LA HOTEL

March 25 Wednesday Day 1			
8:30-9:00AM	Opening Ceremonies		
	Session Chair: Carolyn R. Narvacan-Montano, MD		
9:00-10:30AM	Augusto D. Litonjua Distinguished Lecture "Prevention of T2DM: Can it be Achieved?" 'A Triad of Diabetes, Cardiovascular Disease, and MASLD: The Pivotal Role of Glitazones and GLP-1RAs' Professor Ralph A. DeFronzo, MD		
10:30-11:15AM	Plenary Session "Primum Non Nocere 4.0: Are Adult Guidelines Harming Young-Onset T2DM?" Professor Augusto D. Litonjua, MD		
11:15-12:00NN	Opening of Exhibits / Snacks		
	Isla 3	Isla 2	Isla 1
12:00-1:00PM	Lunch symposium: Astra Zeneca	Lunch symposium: UNILAB	Lunch symposium: Boehringer Ingelheim
1:00-1:40PM	PRIDE	JAFES HOUR	PRIDE
1:45-2:45PM	Clinical symposium	Clinical symposium	Clinical Symposium
	Session Chair: Jubilia Araceli B. de Guzman, MD	Session Chair: Anthony Harvey I. Aguilar, MD	Session Chair: Rosario R. Bongco, MD
	Dealing with the Diabetic Kidney and Bladder	Tailored Treatment in Diabetes Subpopulations	Taming the Diabetic Belly
	Multi-targeted therapy for Diabetic Kidney Disease Vimar A. Luz, MD	LADA Unveiled: Essential Diagnostic Tools and Treatment Protocols Joy Arabelle C. Fontanilla, MD	Nutritional and Pharmacologic Roadmap for Diabetic GI Dysfunction Rommel P. Romano, MD
	The Diabetic Bladder: Tailoring Treatment for the Male and Female Patient Marie Carmela M. Lapitan, MD	Beyond Insulin: Risks and Rewards of Anti-Diabetes Agents in Reproductive Years and Pregnancy Laura Trajano-Acampado, MD	Delayed Gastric Emptying and the Anesthesia Risk of GLP-1RAs Gabriel V. Jasul Jr, MD
2:50 – 3:30PM	Snack symposium: JustRight	Snack symposium: Cathay YSS	Snack symposium: Viatris
3:30-4:00PM	Exhibit booth visits / Snacks		
	Plenary Sessions Session Chair: Aretha Ann Gacutan-Liwag, MD		
4:00 – 4:30PM	Pharmacogenetics for Personalized Diabetes Management in Filipinos Elizabeth Paz-Pacheco, MD		
4:30 – 5:15PM	Philippine Clinical Practice Guideline for Diabetes Mellitus Part 2 Cecilia A. Jimeno, MD		
5:15 – 6:15PM	Dinner symposium: GX International	Dinner symposium: InnoGen	
6:30-8:00PM	PCEDM Chapter Assemblies		



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	March 26 Thursday Day 2		
9:00-10:00AM	DEBATE: Battle of the Incretin Titans: "GLP-1RA/GIP Co-Agonists Should be the Preferred First-Line Injectable Therapy over GLP-1RA Monotherapy for Obese Patients with Type 2 Diabetes."		
	Session Chair: Cynthia H. Manabat, MD; Pro: Bien J. Matawaran, MD; Con: Nemencio A. Nicodemus Jr, MD		
	Plenary Session Chair: Maria Jocelyn C. Isidro, MD		
10:00-10:45AM	Primary Aldosteronism: Clinical Guideline Updates Professor Michael Stowasser, MBBS, FRACP, PhD		
10:45-11:15AM	Exhibit booth visits / Snacks		
	Isla 3	Isla 2	Isla 1
11:15-12:00NN	PRIDE	PRIDE	PRIDE
12:00-1:00PM	Lunch symposium: Corbridge	Lunch symposium: Novo Nordisk	Lunch symposium: Abott Nutrition
	Meet-The-Expert	Meet-The-Expert	Meet-The-Expert
	Session Chair: Perie Adorable-Wagan, MD	Session Chair: Jovie Joy R. Manuel-Aguilar, MD	Session Chair: Lizette Kristine F. Lopez, MD
1:00-1:45PM	Hidden Hazard: Navigating Endogenous Hypercortisolism with Occult Etiology Harold Henrison C. Chiu, MD	Pills and Progression: Glycemic Management Across Renal Replacement Therapies Pete E. dela Pena, MD	When to Treat, When to Wait: Expert Pearls on Managing Gynecomastia Suzette Q. Alegarbes, MD
1:50-2:35PM	Risk and Resolution: Strategies for Glucocorticoid Tapering and GC- induced Adrenal Insufficiency Prevention Imelda L. Bilocura, MD	Failing the First-Line: Fixing Fractures when Bisphosphonates Backfire Mark Henry Y. Joven, MD	Hirsutism Huddle: Mastering the Differential Diagnosis and Personalizing Antiandrogen Therapy Maria Luisa Patricia B. Gatbonton, MD
2:40-3:20PM	Snack symposium: GSK	Snack symposium: UNILAB	Snack symposium: Iberica
3:25-4:00PM	Exhibit booth visits / Snacks		
4:00-5:00PM	Panel discussion: Vaccines for Diabetes (GSK CME grant)		
5:00-6:00PM	Dinner symposium: Servier	Dinner symposium: UNILAB	
6:00-7:00PM	Business Meeting		
7:30-9:00PM	Institution Night		



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	March 27 Friday Day 3		
9:00-10:00AM	DEBATE: To RAI or Not for Young Low-risk Papillary Thyroid Cancer Session Chair: Marjorie A. Ramos, MD; Pro: Aimee Andag-Silva, MD; Con: Jeremyones F. Robles, MD		
	Plenary Session Chair: Sue Ann Lim, MD		
10:00-10:45AM	The Cortisol Conundrum: A Clinician's Guide to Steroid Use in Septic Shock Ramon L. Anel, MD		
10:45-11:30AM	PCOS: The Many Faces of the Disease Professor Bulent O. Yildiz, MD		
11:30AM-12NN	Exhibit booth visits / Snacks		
	Isla 3	Isla 2	Isla 1
12:00-1:00PM	Lunch symposium: Zuellig Pharma	Lunch symposium: Abbott Diabetes Care	Lunch symposium: Nestle Nutrition
1:00-2:00PM	Clinical symposium Session Chair: April Melody T. Abcede-Cadavez, MD	Clinical symposium Session Chair: Florence Rochelle C. Gan, MD	Clinical symposium Session Chair: Angelique Bea Uy-Jumauan, MD
	Therapeutic Choices for the Young Patients with PCOS The Endocrinologist's View Mia C. Fojas, MD	Double the Risk, Double the Care Pheochromocytoma, Hyperaldosteronism, and Adrenal Insufficiency in Pregnancy	Tailoring Thyroid Cancer Care New Horizons in Medullary and Anaplastic Thyroid Cancer Management Michael L. Villa, MD
	The Adolescent Gynecologist's View Maria Therese B. Mallen, MD	Leilani Mercado-Asis, MD, Catherine Carelle Roux-Ong, MD, Marcellus Francis L. Ramirez, MD, Larry S. King, MD	De-escalating NIFTP, Escalating Oncocytic Carcinoma Erick S. Mendoza, MD
	Meet-The-Expert Session Chair: Andrea Marie Macabuag-Oliva, MD	Meet-The-Expert Session Chair: Felisse Gomez, MD	Meet-The-Expert Session Chair: Analyza Galia, MD
	Silent Storm: Asymptomatic and high-surgical risk primary hyperparathyroidism Jocelyn Jayme-Wohldorf, MD	Prolactinoma Perplexities: Navigating Pregnancy and Drug Resistance Maria Patricia Puno-Ramos, MD	Pheo Playbook: Perioperative Management of Pheochromocytoma Jose Paolo P. Panuda, MD
	Calcium Conundrums: Hypocalcemic Hypoparathyroidism Mark Anthony S. Sandoval, MD	Navigating the Nuances: Pearls on Managing Thyroid Dysfunction in Pregnancy Cecille R. dela Paz, MD	Rapid Diagnosis and Rescue: Perioperative Management of AVP Deficiency Celito A. Tamban, MD
3:45-4:30PM	Panel discussion: The Legal and Ethical Rx for Artificial Intelligence in Endocrinology Iris Thiele C. Isip-Tan, MD, Patrick Gerard L. Moral, MD, Antonio Alejandro D. Rebosa, MD Session Chair: Nestor Eric R. Laplano, MD		
4:30-5:00PM	Closing ceremonies / Induction of 2026-27 National Board and Chapter Officers		
7:00-10:00PM	Fellowship Night		